



NHS services over the Platinum Jubilee bank holiday weekend

Thursday 2nd and Friday 3rd June are bank holidays

Many local pharmacies will be open over the weekend and are able to help with minor health concerns – although they may be running at reduced opening hours. Find your local pharmacy and check opening days and times, by searching **‘find a pharmacy NHS’**

For urgent medical help, search **‘NHS 111’** online 24/7

Call **0333 332 6570*** from 8am to 8pm for an urgent appointment with a GP.

If you have a life-threatening emergency, then call 999

Free urgent mental health support is available 24/7

Call 0800 028 8000 or visit

www.swlstg.nhs.uk/patients-carers/crisis-support/mental-health-support-line

Mental Health support for young people

If you are 11-21 years old visit www.kooth.com for free confidential support online